



# PIATTI

## GLUTEN FREE & 28 DAYS TO HEALTH MENUS

### GLUTEN FREE MENU

#### ANTIPASTI

TONNO  
Spice Crusted Seared Tuna, Spring Vegetable Salad & Chili Oil 12.95

CARPACCIO  
Sliced Niman Ranch Beef, Sicilian Olive Oil, Wild Arugula & Capers 10.95

GAMBERI  
Pancetta Wrapped Prawns, Herb Crème Fraiche & White Bean-Olive Relish 9.95

ZUPPA  
Lentil Soup w. Sausage & Zucchini 3.95 /6.25

#### INSALATA

MISTA  
Organic Mixed Greens, Tomatoes, Feta Cheese & Red Wine Shallot Vinaigrette 4.95 /7.95

VERDURE  
Chopped Vegetable Salad w. Feta Cheese & Creamy Oregano Dressing 8.95 /12.95  
Choice of Chicken or Shrimp on Entree Portion 15.95

#### CONTORNI

VERDURE  
Oven Roasted Summer Vegetables 4.95

SPINACI  
Sautéed Spinach w. Lemon & Garlic 4.95

#### SECONDI

MAIALE  
Grilled House Cured Pork Chop, Rapini & Grilled Peach 22.95

RISOTTO POMODORO  
Roasted Tomato Risotto, Grilled Chicken Breast & Poached Cherry Tomatoes 14.95 /18.95

BRASATO  
Slow Cooked Beef Short Rib, Horseradish, Polenta & Season's Vegetables 23.95

POLLO ARROSTO  
Wood Roasted Chicken, Buttermilk Mashed Potatoes & Seasonal Vegetables 18.95

SALMONE  
Wood Roasted King Salmon, Heirloom Cherry Tomatoes, Salmoriglio & Basil Mashed Potatoes 24.95

FILETTO  
Grilled Filet Mignon, Potato Conserva, Cipollinis & Broccolini 32.00

#### PASTA

FUSILLI  
Corn Pasta Spirals, Roasted Spring Vegetables, Basil, Garlic & Extra Virgin Olive Oil 11.95 /15.95  
Add Chicken or Prawns 3.95

PENNE ALLA BOLOGNESE  
White Rice Penne Pasta, Spinach, Mushrooms, Traditional Beef & Pork Ragù 12.95 /16.95

### 28 DAYS TO HEALTH MENU

MISTA  
Organic Mixed Greens, Tomatoes, Feta Cheese & Red Wine Shallot Vinaigrette 4.95 /7.95  
Add Chicken or Prawns to Salads 3.95

INSALATA DI SALMONE  
Grilled Salmon, Farmers Market Vegetables & Meyer Lemon Vinaigrette 16.95

RISOTTO  
Brown Rice Risotto w. Vegetables 10.95/14.95

FUSILLI  
Corn Pasta Spirals, Roasted Spring Vegetables, Basil & Garlic 11.95 /15.95

MAIALE  
Grilled House Cured Pork Chop, Brown Rice & Rapini 22.95

PENNE ALLA BOLOGNESE  
White Rice Penne Pasta, Spinach, Mushrooms, Traditional Beef & Pork Ragù 12.95 /16.95

POLLO ARROSTO  
Wood Roasted Half Chicken, Brown Rice & Roasted Vegetables 18.95

FILETTO  
Grilled Filet Mignon, Brown Rice & Roasted Vegetables 32.00

SALMONE  
Wood Roasted Salmon, Brown Rice & Roasted Vegetables 24.95